

*Common Time.*

*Triple Time.*

*Each of Steps, n<sup>th</sup> doe agree  
n<sup>th</sup> the Measure of Common,  
& Triple Time.*

*Quadruple Time*

*Loxes.*

*Each of Steps, agreeing  
with Quadruple-Time,  
or Loxes.*

The image contains four pairs of musical staves, each with a treble and bass clef. The first pair is labeled 'Common Time' and shows a melody with 8 numbered notes. The second pair is labeled 'Triple Time' and shows a melody with 8 numbered notes. The third pair is labeled 'Quadruple Time' and shows a melody with 4 numbered notes. The fourth pair is labeled 'Loxes' and shows a melody with 3 numbered notes. Between the first and second pairs of staves is a diagram of a dancer's feet with arrows indicating steps, labeled with numbers 1 through 5. Between the third and fourth pairs of staves is another diagram of a dancer's feet with arrows indicating steps, labeled with numbers 1 through 3. The diagrams show the sequence of foot placements and directions for each step.