

or bad as they happen; for where there is a clean bottom, and the water lies undisturbed from the tread of Cattle, or too many Fish, in an open sound Air, in a large quantity, and where the Sun has free access; it then comes near, if not quite as good as Rain or River-waters, as is that of *Blew-pot* Pond on the high Green at *Gaddesden* in *Hertfordshire* and many others, which are often prefer'd for Brewing, even beyond many of the soft Well-waters about them. But where it is in a small quantity, or full of Fish (especially the sling Tench) or is so disturbed by Cattle as to force up Mud and Filth; it is then the most foul and disagreeable of all others: So is it likewise in long dry Seasons when our Pond-waters are so low as obliges us to strain it thro' Sieves before we can use it, to take out the small red Worms and other Corruptions, that our stagnant waters are generally then too full of. The latest and best Doctors have so far scrutinized into the prime Cause of our *British* malady the Scurvy, as to affirm its first rise is from our unwholsome stagnating waters, and especially those that come off a clayey surface, as there are about *Londonderry* and *Amsterdam*, for that where the waters are worst, there this Distemper is most common,