

With yolkes of eyren enbene¹ hit ay
 Whille pat hit rostes, as I þe say.
 Þen take blode, pat is so lefe,
 Welle hit in fresshe brothe of þe befe,
 Bray hit fulle wele in on mortere,
 Do in fayre grece, pat is so clere;
 Fors hit with spicys ryȝt gode with alle,
 And sythun, serve hit in to þe halle;
 To þe forsayde tonge þis sawce is dyȝt,
 Here endes oure potage fulle gode ryȝt.

Pro Salsamentis.—To make sawce.

Now speke I wylle of sauces sere:
 How þay ar made, I wylle þow lere,
 Next after potage þay servyd schalle be,
 As I have lurned in þys cuntré.

Pur verde sawce.

Take persole, peletre an oyns, and grynde,
 Take whyte bred myude by kynde,
 Temper alle up with venegur or wyne,
 Force hit with powder of peper fyne.

Sawce for Mawdelardes rosted.

Take onyons and hew hom wele,
 Put sum in þo mawdelarde, so have þou cele,
 And hacke mo onyons, as I þe kenne;
 With þo grece of þo mawdelarde þou sethe hom, þen
 Take ale, mustarde and hony þo,
 Boyle alle togeder or þou more do;
 For maularde rosted þys sawce is dyȝt,
 And served in sale by gode ryȝt.

¹ baste.