

*Lamprayes in browet.*

Take lamprayes and scalde hom by kynde,  
 Sythyn, rost hom on gredyl, and grynde  
 Peper and safrone; welle hit with alle,  
 Do þo lampreyes and serve hit in sale.

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*Lamprayes in galentine.*

Take lamprayes and hom let blode  
 At þo navel, and scalde hom for gode;  
 Rost hom þenne, and þou hom laye  
 Alle hole in platerre, as I þe saye;  
 Serve with galentine, made in sale,  
 With gyngere, canel and galingale.

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*For tenchis in gravé.*

Sethe py tenchis, and after hom brede,  
 And rost hom on a gredel, I rede;  
 Grynd peper and safron with ale, I kenne,  
 With tenchis brothe, þou temper hit; þenne  
 Lay þo tenche opon a platerre fayre,  
 Do on þat browet withouten disware.

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*Chawdewyne de boyce.*

Take smalle notes, schale not<sup>1</sup> kurnele,  
 As þou dose of almondes, fayre and wele;  
 Frye hom in oyle, þen sethe hom ryȝt  
 In almonde mylke þat is bryȝt;  
 Þen þou schalle do in floure of ryce  
 And also oper pouder of spyce;  
 Fry oper curneles besyde also,  
 Coloure þou hit with safron, or þou fer goo,  
 To divers þo mete þou schalt hit set,  
 With þo fryed curnels with outen let.

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<sup>1</sup> out?