

Boyle alle to geder, and serve hit penne,  
And sett hit forthe before goode men.

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*Mylke rostyd.*

Take swete mylke and put in panne,  
Swyng eyren with alle, grynde safron  
And do perto; welle hit penne,  
Tylle hit wax thykke, as I þe kenne;  
And sethe and sye hit thorowghe a cloth,  
Presse hit, þat leves, withouten othe;  
When hit is colde, leche hit with knyves;  
Rost hit, and messe hit forthe on schyves<sup>1</sup>.

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*For to make a potage of welkes.*

Take welkes and wasshe fayre, in blythe,  
In water, and take whyte salt perwith  
And after hakke hom on a borde,  
As smalle as pou may, at a worde,  
And bray hom in a mortar clere;  
Sethe hom in mylke over þe fyre;  
Of almondes or of a clow pou take schalle,  
Lye hit with amydone perwith alle;  
Coloure hit with safrone, and do þerinne  
Poudur of peper, or goode comyne.

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*For to make potage of oysturs.*

Perboyle pyn oysturs and take hom oute;  
Kepe welle þy bre with outen doute,  
And hakke hom on a borde full smalle,  
And bray in a mortar pou schalle;  
Do hom in hor owne brothe for goode,  
Do mylke of almoudes þer to by þe rode,  
And lye hit up with amydone,  
And frye smalle mynsud onyone

<sup>1</sup> slices.