

Lye hit with floure or amydone,
 Boyle hit wele and sett hit done;
 Florysshe hit with powdur, as I þe kenne,
 Penne may hit be served, before gode men.

Rose.

Take flour of ryse, as whyte as sylke,
 And hit welle, with almond mylke;
 Boyle hit tyl hit be chargyd, penne
 Take braune of capone or elle of henne;
 Loke þou grynd hit wondur smalle,
 And sithen þou charge hit with alle;
 Coloure with alkenet, sawnder, or ellys with blode,
 Fors hit with clowes or macys gode;
 Seson hit with sugur grete plenté,
 Dis is a rose, as kokes telle me.

*Lede lardes*¹ [*Leche lardes*].

Take eyren and swete mylke of a cow,
 Swynghom togedur, as I byd now;
 Take larde of fresshe porke with alle,
 Sethe hit and schere hit on peses smalle;
 Cast þer in and boyle hit, penne
 Styr hit wele, as I þe kenne,
 Tyl hit be gedered on crud harde;
 Leche² hit, and rost hit afterwarde
 Apone a gredel, þen serve þou may
 Hit forthe, with spit, as I þe say.

For blanchyd mortrews.

Sethe hennes and porke, pat is fulle fresshe;
 Bray almondes unblanchyd and temper hom nesshe
 With clene brothe, and drawe hom þo;

¹ See page 2, note.

² 1) to slice, 2) to serve in slices.