

Breuet de almonde.

Take gode almonde mylke anon,
 And loke pou lye hit with amydone,
 Or with flowre pat is bake;
 Coloure hit with safron, I undurtake;
 Fors hit with powder of py male
 Of gyngere, canel, and galingale.
 Take pertrykes and chykyns and hom wele sethe¹;
 Hew hom in quarters fayre and smethe;
 Do pat mylke over po fyre pat tyde,
 And boyle and sett hit doune besyde,
 Aud florysshe hit with powdur, as I pe kenne,
 pou may have more menske² emong alle menne.

Blonk desore.

Take ryse and wasshe hom in a cup,
 Grynd hom smalle and temper up
 With almonde mylke, so have pou cele³;
 Do hit over po fyre and boyle hit wele;
 Take braune of capons or hennes alle,
 Hew hit pat hit be riȝt smalle;
 And grynd hit wele, as myud brede,
 And do per to, as I pe rede;
 Seson hit with sugur grete plenté,
 With fryid almondes florysshe so fre.

Bucnade.

Take almonde mylke as I con preche;
 Coloure hit with safron as I pe teche;
 Fors hit with poudur, pat is gode;
 Take larde of porke, wele soȝyn, by po rode;
 Hew hit in gobettes wele afyne;
 Loke pey ben smale and put hem inne;

¹ The MS. reads "Take pertrykes and chykyns and sethe hom wele".

² favour.

³ happiness, bliss.