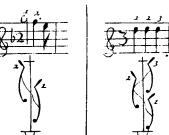
how the Steps in the Measures of a Dance agree to the Notes of the Measures of the Tune on which the Dance is composed.

The best and only Method of finding the Cadence or Time of each Step, is to know its just Value in the same manner as the Notes of Musick; after which all the Steps in a Measure, are to be reduc'd to an equal Time or Length, as the Notes in the Meafure of the Tune.

And fince I have not found any Method fo proper for the un-Earstanding the Value of each simple Step, than the Tye, which I have already made use of for the making a composed Step, I shall still make use of this Tye; by explaining which, the just Value of each simple Step will be easily demonstrated, by observing the following Rules.

It is to be observ'd, as a general Rule, that all simple Steps, which are ty'd together by a fimple Line or Tye, must be all of an equal Length or Value: So that each Step so ty'd, employs a Time of the Measure of the Tune, as is explain'd in the two Examples following.



In these two Examples, and in all the rest that follow, I have mark'd each Step with Figures, for the better explaining their Time and Value, and to shew more easily their Correspondence with the Notes of the Tune: Over which are also plac'd the lame Figures.

When it shall happen that two Steps are not quite ty'd, that is to fay, when one end of the Line or Tye does not touch one of