## Of Time, Measure, or Cadence.

HERE are three forts of Time in Dancing, viz. Common Time, Triple Time, and Quadruple Time.

Common Time, is used in Gavots, Galliards, Bouree's, Rigandons, Jiggs, and Canaries.

Triple Time, is made use of in Courants, Sarabands, Chaconnes, Passaciles, Minuets, and Passe-Pieds.

And Quadruple Time, is made use of in slow Tunes, as appears by the second Tune in the following Plate, and the Tunes call'd Loures.

To Tunes of Common or Triple Time, a Step is put for each Barr or Measure; and to Tunes of Quadruple Time, you must put two.

It is to be observ'd nevertheless, that in Courant Movements, two Steps are put to each Barr or Measure; the first of which takes up two parts in three of the Measure, and the second takes up the third part; and in the Minuet, one Step is put to two Barrs or Measures.

The Barrs or Measures in Dances, must be mark'd in like manner with those in Musick, viz. with little Barrs crossing the Tract, which are to agree with those of the Tune.

## Example.



You will understand by the following Examples, how each Step agrees with the Tune to which they are compos'd.

Common