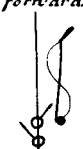

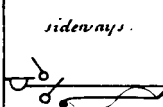

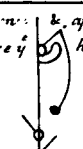
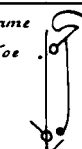
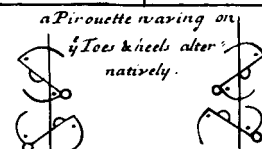
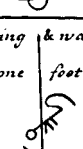
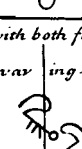
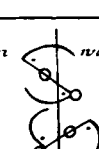
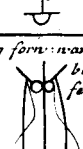

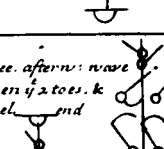
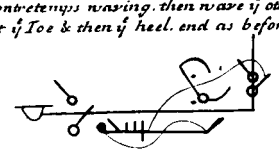


TABLE of Waving Steps

<p>forwards</p> 	<p>backwards.</p> 	<p>sideways.</p> 	<p>beat op: waving</p>  <p>beat: bef:</p>
<p>forwards & after wave if heel</p> 	<p>if same if Toe</p> 	<p>a Pirouette waving on if Toes & heels alter natively.</p> 	
<p>Spring & wave one foot</p> 	<p>with both feet waving.</p> 	<p>a whole turn waving as above</p> 	
<p>Spring form: waving both feet</p> 	<p>if same backwards</p> 	<p>half Coupée. afterwards: wave if heel, then if 2 toes. & then if heel. end incl.</p> 	
<p>a Contretemps waving, then wave if other foot; first if Toe & then if heel. end as before</p> 		<p style="font-size: 2em; font-family: cursive;">Finis.</p>	