

## *The Art of Dancing.* 45

To practise more easily what has already been taught and demonstrated, you may make Use of the following *Tables* ; where you will find all or the greatest Part of the *Steps* us'd in *Dancing*, whether with one Foot, or the other, forwards, backwards, sideways, or turning, as well upon streight Lines, as diametrical.

### *The Tables.*

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| 1. Of <i>Courant Movements</i> .<br>2. Of <i>half Coupee's</i> .<br>3. Of <i>Coupee's</i> .<br>4. Of <i>Bouree's</i> , or <i>Fleurets</i> .<br>5. Of <i>Bounds</i> , or <i>Tacs</i> .<br>6. Of <i>Contretemps</i> , or <i>compos'd Hops</i> .<br>7. Of <i>Chasse's</i> , or <i>Drives</i> . | 8. Of <i>Siffonne's</i> , or <i>Cross-Leaps</i> .<br>9. Of <i>Pirouettes</i> .<br>10. Of <i>Capers</i> , and <i>Half-Capers</i> .<br>11. Of <i>Entre-chats</i> , or <i>Cross-Capers</i> .<br>12. Of <i>Waving Steps</i> .<br>13. A <i>Supplement</i> . |
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You must observe, that each Square contains only one *Step*, which I have writ down twice, to the end to shew, that what is perform'd with one Foot, may also be perform'd with the other.

An Explanation of the Steps contain'd in each Square, is also writ down with them ; and whereas some of the Words and Terms are abbreviated for want of Room, I have put down here a short Explanation of them.

forw. —————	forwards.	circ. —————	circular.
backw. —————	backwards.	jo. —————	join'd.
sidew. —————	sideways.	incl. —————	inclos'd.
sl. —————	slide.	bef. —————	before.
cro. —————	cross'd.	beb. —————	behind.
op. —————	open.	wav. —————	waving.
qr. Turn —————	quarter Turn.	turn. —————	turning.
hf. Turn —————	half Turn.	outw. —————	outwards.
3 qr. Turn —————	three quarter Turn.	inw. —————	inwards.