

How to know what Steps and half Positions are with the right Foot, and what with the left.

THE *Tract* or *Line*, on which *Dances* are describ'd, whether forward or backward, must be consider'd in respect to its right side mark'd R, and the left side mark'd L, as may be seen by the following *Example*.

The *Steps* and *half Positions*, which are on the right side, are made with the right Foot ; and those which are on the left side, with the left Foot, as the following *Movements* will demonstrate, where I shall give to each *Step* and *half Position*, the same Letters r and l, the better to explain them.

Besides the Letters, r and l, the *Steps* and *half Positions* of the right or left Foot, will be easily known, by observing which way the *Toes* are turn'd.

The *Toe* turning outwards on the right side, is the right Foot, and the *Toe* turning outwards on the left side, is the left.

The different *Tracts* or *Figures* made in *Dancing*, whether forwards, backwards, sideways, or round, will be explain'd by what follows.

The *Tract* mark'd A, is moving forwards, the Face towards the upper end of the *Room*.

The *Tract* B retires or goes back, the Face towards the lower end of the *Room*.

The *Tract* F is moving forwards, the Face towards the right side of the *Room*.

The *Tract* H retires, the Face towards the left side of the *Room*.

The *Tract* I, moves forwards, the Face towards the left side of the *Room*.

The *Tract* K retires backwards, the Face towards the right side of the *Room*.

The *Tracts* G, move round, and the *Tracts* M, retire round.