

it will be difficult to *turn*, unless the Book turns also ; yet this must be absolutely avoided ; for if the Book moves out of its Situation, it will be impossible to comprehend the *Steps* therein describ'd ; wherefore, for the better Observation of this, I shall give you the following Rules.

After having consider'd the *Turning*, and on what side to turn, as for Example, in a quarter *Turn* to the Right, you must put your left Hand to the farther part of the Book, and your Right to the nearest. Your Hands being thus prepared, in turning your quarter *Turn*, bring your left Hand in to you, whilst your right removes from you ; so that both Hands will by this means be equally advanc'd before you, holding the Book by the same places before-mention'd, and you will find, that in turning a quarter round, the Book will still remain in its former Situation. You must make use of the same Rule in a *half Turn*.

I shall only add, that the Hand, which is plac'd on the most opposite part of the Book, must come quite in to your Breast, while the other removes quite from you.

To turn *three quarters round* to the Right, you must cross your Hands more than you did in the *half Turn* ; so that your left Hand must hold the upper part of that side which your right Hand would naturally have held, had you not turn'd ; and your right Hand must hold the lower part of that side, which your left would otherwise have held. Your Hands being thus prepar'd, you will turn *three quarters round* in the same manner as you did *half round*.

The same Rules may be made use of in *turning* to the left, only you must observe, that instead of placing your left Hand, you must place the right to that part of the Book the farthest from you ; and it may serve for a general Rule, that in turning to the Right, you first remove your left Hand ; and in turning to the Left, you remove your Right.