

Psalme 31.

1 Heare me O Lord, and that anone,
to helpe me make good speed :
Be thou my rocke and house of stone,
my fence in time of need.

3 For why? as stones by strength is tride
thou art my fort and tower :
For thy names sake be thou my guide,
and lead me in thy power.

4 Pluck forth my feete out of the snare
which they for me haue laid :
thou art my strength, and all my care
is for thy might and aide.

5 Into thy hands Lord I commit
myspirit vvhich is thy due :
For vvhylt thou hast redeemed it,
O Lord my God most true.

6 I hate such folke as will not part
from things to be abhord :
Vvhen they on trifles ft their heart,
my trust is in the Lord.

7 For I will in thy mercy ioy,
I see it doth excell :

Thou seest vvhon ought vvhould me anoy
and knowest my soule full vveil :
8 Thou hast not left me in their hand,
that vvhould me ouercharge :
But thou hast set me out of band
to walke abroad at large.

The second part.

9 Great griefe O Lord doth me assaile,
some pittie on me take :
Mine eyes vvaxe dim, my sight doth faile,
my vvombe for vvoe doth ake.

10 My life is vvorne vvith griefe & paine
my years in vvoe are past :
My strength is gone, and through disdaigne
my bones corrupt and vvaste.

11 Among my foes I am a scorne,
my friends are all dismayd :
My neighbours and my kinsmen borne
to see me are afraid.

12 As men once dead are out of minde,
so am I now forgot :
As small effect in me they finde,
as in a broken pot.

Here beginneth the Scooish Tunes:

Psalme 32. CANTVS. Tho. Ravens. B. of M.

HE man is blest vvhose vvhickednes the Lord hath cleane remitted :
And he vvwhose sinne and vvretchednesse is hid and also couered.

The Kings Tune. TENOR, or Playnsong.

HE man is blest vvhose vvhickednesse the Lord hath cleane remitted :
And he vvwhose sinne and vvretchednesse is hid and also couered.

1 And blest is he to vvhom the Lord
impureth not his sinne :
Vvwhich in his heart hath hid no guile,
nor fraud is found therein.

3 For vvhhilst that I kept close my sinne,
in silence and constraint :
My bones did vvweare and vvaste avvay
vvith daily moone and plaint.

4 For night and day thy hand on me
so grieuous vvvas and smart:

5 I did therefore confesse my fault,
and all my finnes discover :
Then thou O Lord didst me forgieue,
and all my finnes passe ouer.

6 The humble man shall pray therefore,
and seeke thee in due time :
So that the floods of vvwater great
shall haue no power on him.

7 Vvhen trouble and aduersitie,
doe compasse me about :
Thou art my refuge and my ioy,
and thou dost rid me out.

8 Come hither, and I shall thee teach,
hovv thou shalt vvvalke vvpight :
And vvill thee guide, as I my selfe
haue leard by prooffe and sight.

9 Be not so vnde and ignorant,
as is the Horse or Mule,

Psalme 31.

13 I heard the brag of all the rout,
their threats my minde did fray :
Hovv they conspired and vvent about
to take my life avvay.

14 But Lord I trust in thee for aide,
not to be ouertrod :
For I confesse and still haue said,
thou art my Lord and God.

15 The length of all my life and age,
O Lord is in thy hand.
Defend me from the vvvrath and rage
of them that thee vvwithstand.

16 To me thy seruant Lord expresse,
and shevv thy ioyfull face :
And saue me Lord for thy goodnesse,
thy mercy and thy grace.

The third part.

17 Lord let me not be put to blame,
for that on thee I call :
But let the vvicked beare the shame
and in the graue to fall.

18 Oh hovv great good hast thou in store
laid vp full safe for them :

That feare and trust in thee therefore
before the sonnes of men?

19 Thy presence shall them fence & guide
from all proud brags and vvronges :
Vvithin t' y place thou shalt them hide
from all the strife of vv tongues.

20 Thanks to the Lord that hath declar'd
on me his grace so far :
Me to defend vvith vvwatch and vvward,
as in a tovne of vvwarre.

21 Thus did I say both day and night,
vvhen I vvvas sore opprest :
Loe I vvvas cleane cast out of sight,
yet heardst thou my request.

22 Yee Saints loue ye the Lord I say,
the faithfull he doth guide :
And to the proud he vvwill repay,
according to their pride.

23 Be strong & God shall stay your hart,
be bold and haue a lust :
For sure the Lord vvwill take your part
sith ye on him doe trust.

Psalme 32. MEDIVS. Tho. Ravens. B. of M.

HE man is blest vvhose vvhickednesse the Lord hath cleane remitted :
And he vvwhose sinne and vvretchednesse is hid and also couered.

BASSVS.

HE man is blest vvhose vvhickednesse the Lord hath cleane remitted :
And he vvwhose sinne and vvretchednesse is hid and also couered.

7 Vvhen trouble and aduersitie,
doe compasse me about :
Thou art my refuge and my ioy,
and thou dost rid me out.

8 Come hither, and I shall thee teach,
hovv thou shalt vvvalke vvpight :
And vvill thee guide, as I my selfe
haue leard by prooffe and sight.

9 Be not so vnde and ignorant,
as is the Horse or Mule,
Vvwhose mouth vvwithout a raigne or bit
from harme thou canst not rule.

10 The vvicked man shall manifold
sorrows and griefe sustaine :
But vvnto him that trusts in God,
his goodnesse shall remaine.

11 Be merry therefore in the Lord,
and lutt lift vp your voyce :
And yee of pure and perfect heart,
be glad and kee reioyce.