

## Psalme 31.

3 Hear me O Lord, and that anone,  
to help me make good speed :  
Be thou my rocke and house of stone,  
my fence in time of need.

3 For vwhyf as stones by strength is tride  
thou art my fort and tover :  
For thy names sake be thou mygnide,  
and lead me in thy powver.  
4 Pluck forth my feete out of the snare  
which they for me haue laid :  
thou art my strength, and all my care  
is for thy might and aide.

5 Into thy hands Lord I commit  
my spirit vwhich is thy due :  
For vwhyf thou haft redemed it,  
O Lord my God most true.  
6 I hate such folke as wyl not part  
from things to be abhord :  
VWhen they on trifles set their heart,  
my trust is in the Lord.

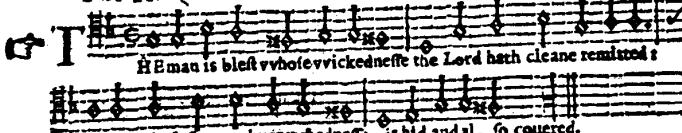
7 For I vwill in thy mercy ioy,  
I see it doth excell :

Here beginneth the Scottish Tunes:

## Psalme 32. CANTVS. Tho.Rauens.B.of M.



## The Kings Tune. TENOR, or Playnsong.



1 And he vvhose sinne and vvretchednesse is hid and also couered.  
2 And blest is he to vvhom the Lord impugheth not his sinne:  
VVhich in his heart hath hid no guile,  
nor fraud is found therein.  
3 For vvhilst that I kept close my sinne,  
in silence and constraint :  
My bones did vveare and vvaste away  
with daily none and plaint.  
4 For night and day thy hand on me  
so grieuous vvas and smart:

That all my bloud and humors misse  
to drynesse did conserue.  
5 I did therefore confesse my fault,  
and all my sinnes disconer :  
Then thou O Lord didst me forgiue,  
and all my sinnes passe ouer.  
6 The humble man shall pray therefore,  
and secke thee in due time :  
So that the fliuds of vvater great  
shall have no pover on him.

## Psalme 31.

73 I heard the brags of all the rout,  
their threats my minde did fray :  
Movv they conspired and vvent about  
to take my life awav.  
74 But Lord I trust in thee for aide,  
not to be ouertrod :  
For I confess and still haue said,  
thou art my Lord and God.  
75 The length of all my life and age,  
O Lord is in thy hand.  
Defend me from the vvrath and rage  
of them that thee vwithstand.  
76 To me thy seruant Lord expresse,  
and shew thy ioyfull face :  
And saue me Lord for thy goodnessse,  
thy mercy and thy grace.

## The third part.

77 Lord let me not be put to blame,  
for that on thee I call :  
But let the wicked bear the shaine  
and in the graue to fall.  
78 Oh how great good haft thou in store  
laid vp full safe for them :

## Psalme 32. MEDIVS. Tho.Rauens.B.of M.



## BASSVS.



7 VVhen trouble and aduersitie,  
doe compasse me about :  
Thou art my refuge and my ioy,  
and thou doest rid me out.  
8 Come hither, and I shall thee teach,  
how thou shalt vvalke vpright :  
And vwill thee guide, as I my selfe  
haue learned by proofe and fight.  
9 Be not so iude and ignorant,  
as is the Horse or Mule,

Vvhose mouth without a raigne or bit  
from harme thou canst not rule.  
10 The wicked man shall manifold  
sorrowes and griefe sustaine :  
But unto him that trusts in God,  
his goodnessse shall remaine.  
11 Be merry therefore in the Lord,  
yea lust lift vp your voyce :  
And yee of pure and perfect heart,  
be glad and ke reioyce.