

The PREFACE.

our Nourishment and the common Diluters of our Food; so that on their goodness depends very much the Health and Longevity of the Body.

This bad Oeconomy in Brewing has brought on such a Disrepute, and made our Malt Liquors in general so odious, that many have been constrain'd, either to be at an Expence for better Drinks than their Pockets could afford, or take up with a Toast and Water to avoid the too justly apprehended ill Consequences of Drinking such Ales and Beers.

Wherefore I have given an Account of Brewing Beers and Ales after several Methods; and also several curious Receipts for feeding, fining and preserving Malt Liquors, that are most of them wholesomer than the Malt itself, and so cheap that none can object against the Charge, which I thought was the ready way to supplant the use of those unwholsome Ingredients that have been made too free with by some ill principled People meerly for their Profit, tho' at the Expence of the Drinker's Health.

I hope