

LIBER CURE COCORUM.

At þo fyrst assay þou take hit doun,
 When hit wolde welle, þys caudel broun,
 Ȝif þat hit welle, as may be falle,
 Þus helpe hit þen I wot þou schalle;
 Storve myed wastel with colde ale þen,
 And cast þer to, sethe hit I ken.

For sawce gynger.

Fyrst stepe þy brede, þat white is bake,
 And verius or venegur I undertake;
 Þen drawghe hit þorowghe a streynour fyne,
 Coloure hit with safronne, and cast þer in
 Powder of gynger inoȝht, and salt,
 Or ellys coloure hit nouȝt þou schalt;
 For grete lordis þou schalt take wyne
 With safronne to þy sawce ful fyne.

For wesels.

Fyrst grynde porke, temper in fere
 With egges and powder of peper dere,
 And powder of canel þou put þer to,
 In chapon necke þou close hit þo,
 Or elles in paunche of grys hit pyt,
 And rost hit wele, and þen dore hit
 With oute, with batere of egges and floure,
 To serve in sale or ellys in boure.

For hagese.

Þe hert of schepe, þe nere¹ þou take,
 Þo bowel nouȝt þou shalle forsake,
 On þe turbilen made, and boyled wele,
 Hacke alle togeder with gode persole,
 Isop, saveray, þou schalle take þen,
 And suet of schepe take in, I ken,
 With powder of peper and egges gode wonne,

¹ the kidneys.