

And drawe alyoure of browne crust eke  
To alye pis sew pat is so meke.

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*For a tansy cake.*

Breke egges in bassyn and swyng hem sone,  
Do powder of peper per to anone;  
Pen grynde tansy, po iuse owte wrynge,  
To blynde with po egges with owte lesyng.  
In pan or skelet pou shalt hit frye,  
In buttur wele skymmet wyturly,  
Or white grece pou make take per to,  
Geder hit on a cake, penne hase pou do,  
With platere of tre, and frye hit browne.  
On brode leches serve hit pou schalle,  
With fraunche mele or oper metis with alle.

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*For a froyse.*

Sethe porke or vele and hew hit smalle,  
Take swongen egges and hew with alle;  
Frye hom in buttur in panne sone  
And styr hit wele, pen hase pou done.  
With trowytes on pe same aray,  
Wele sopun and hakked, tesyd in fay,  
And frye hom in buttur, as I pe kenne,  
To serve on fysshe day before gode men.

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*For a brothe of elys.*

Fyrst flyghe pyn elys, in pese hom smyte,  
Put hom in pot, pagh pay ben lyte,  
With clene water; pen take pou schalle  
Alle powder of peper, coloure hit with alle  
With safroune and alyed penne  
With floure, and cast alle in, I kenne,  
At pe fyrst boylyng pat may falle  
Soth hote, and serve hit in to pe halle.

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