

## LIBER CURE COCORUM.

*For Gray pese.*

Fyrst stepe þy pese over þe nyȝt,  
 And trendel hom clene, and fayre hom dyȝt.  
 Sethe hom in water; and brothe þou take  
 Of bacun, and fresshe bre þou noȝt forsake;  
 Summe men hom lofe alyed wyle  
 With floure and summe with never a dele;  
 Þese pese with bacun eten may be  
 As þo whyȝt pese were, so mot I þe.  
 But þo white with powder of peper þo  
 Moun be forsyd with ale þer to.

*For kole.*

Take fresshe brothe of motene clene,  
 Of vele and porke al by dene;  
 Hakke smalle þy wortis and persyl, þo  
 When þat hit boyls, cast hom þerto,  
 Do a lite grotes þy wortis amang  
 And sethe hom forthe I undurstande.  
 ȝif þou have salt flesshe sethand I wot,  
 Take a fresshe pece oute of þo pot,  
 And sethe by þo self, as I þe kenne;  
 Take up, put in þy wortis þenne,  
 In þe mene whyle gode gravé þou gete  
 To florisshe þy wortis at þo last hete.

*For mustul bre.*

Fyrst sethe þy mustuls quyl shel of lepe  
 In water, and þerof summe kepe;  
 Þer in þou stepe white brede fayre,  
 Þo remunaunde þou kepe with oute disware;  
 And voyde þy groundyngus for sonde;  
 Pyke clene þy mustuls, wasshe hom with honde,  
 Sett hom besyde þy brede þou bray,  
 Take mynsud onyons, and powdur I say