To save venysone fresshe over pe zer.

Yf pou wylle kepe pe tayle of a dere
Fresshe in seson over po zere,
Or oper venesone yf pat hit nede,
Dus schalt pu do, I wot in dede;
Presse out po blode, for anythyng
Dat is cause for grete rotyng;
In erpyne pot pou shalt hit pyt
And feyre hony do into hit;
To po hony stonde over po flesshe
Too fyngurs thyke for harde or nesshe;
With leder po mouthe pen schalt pou bynde,
Kepe hit fro ayre, son or wynde,
In cofer, or huche or seler merke.

For to save venysone fro restyng 1.

Take venesone when hit is new slayn, And cover hit alle with ferne playn Dat no wynde enter per to; And whenne pou hast covered hit so, Lede hit home, selor hit lay pat wynde ne sone ne ughe? hit may; Dresse hit wele and wassh hit clene, Sythen, lay hit in water alle by dene, ber in be half a day to lye; benne take hit oute on flore to drye, benne after take salt a quantité; Boyle hit in clene water so fre, And kele hit, pat he be bot lue, And perin wasshe by venesone true, And let hit lye perin thre dayes And thre nyshtes, by any kyns wayes; Then take hit oute of put water, Salt hit wyth drye salt, alle in fere.

¹ becoming rancid.

² injure.