

Chekyns in Cawdel.

In brothe pou boyle py chekyns gode;
 Take yolkes of eyren, Syr, for po rode,
 Alye hom up with brothe forsayde;
 Take powder gynger, abrayde,
 And sugur, and rew, and safron clere,
 And salt, and set hit over po fyre;
 With owtyn boylyng messe hit forthe penne;
 Py chekyns hole take, I pe kenne,
 Of¹ pay be brokyn, on dysse hom lay,
 Helde² hom pe sewe, as I pe say.

For to boyle fesawantes and pertryks.

Take goode brothe, perin pou pyt
 Py fesautes and py pertryks, pat men may wyt.
 Do perto ale, floure, peper fre,
 Of hole canel, good quantité;
 And let alle sethe perwyth fulle wele,
 And messe hit forthe, Syr, at pe mele.
 Powder dowce perin pou cast,
 When hit [is] servyd on pe last.

Roo in a Sewe.

Take po roo, pyke hit clene forthy;
 Boyle hit pou shalt and after hit drye;
 Hew hit on gobettis, pat ben smalle,
 Do hit in pot withalle;
 Kest wyn perto, if pou do ryzt,
 Take persole and sawge and ysope bryzt,
 Wasshe hom and hew hom wondur smalle,
 And do perto hit pou schalle,
 Coloure hit with blode or sawnders hors³.

¹ Yf?² pour over.³ rough.