

Conyngus in gravé.

Sethe welle þy conyngus in water clere,
 After, in water colde þou wasshe hom sere,
 Take mylke of almondes, lay hit anone
 With myed bred or amydone;
 Fors hit with cloves or gode gyngere;
 Boyle hit over þo fyre,
 Hew þo conyngus, do hom þer to,
 Seson hit with wyn or sugur þo.

Chekyns in cretene.

Take cow mylke, lye hit anone
 With flowre, or ellis with amydone;
 Fors hit with galyngale and gode gyngere,
 With canel and comyn, alle in fere,
 Coloure hit with safron þo;
 Þe chekyns by hom selfe þo sethe þer to,
 Hew hom in quarteres and lay hom inne,
 Boyle hom up with alle, no more ne mynne;
 But seson hit with sugur suete,
 And serve hom forthe for þay ben sete.

Viande de Cipur.

Take braunne of capons or hennes þou shalle;
 Parboyle and drye hit with alle;
 Hew hom smalle, bray in mortere,
 As smalle as bred, þat myed were;
 Take good almonde mylke anone
 And lye hit up with amydone
 Or with floure of ryse, þou may;
 Coloure hit with safron, I þe say;
 Boyle hit after yche adele,
 Charge hit with flesshe brayed wele;