bord fo that yt be cold and wan the Cosyns ben makyd tak a party of and do upon the cosyns and kerf hem in Schiveris and do hem in god mylk of Almandys and Figys and Datys and kerf yt in fowr partyis and do yt to bake and serve yt forth.

XXVIII. For to make Rapee f.

Tak the Crustys of wyt bred and reysons and bray hem wel in a morter and after temper hem up wyth wyn and wryng hem thorw a cloth and do ther'to Canel that yt be al colouryt of canel and do ther'to hole clowys macys and quibibz the fysch schal be Lucys other Tenchis fryid or other maner Fysch so that yt be fresch and wel ysryed and do yt in Dischis and that rape up on and serve yt forth.

XXIX. For to make a Porrey Chapeleyn.

Tak an hundred onyons other an half and tak oyle de Olyf and boyle togeder' in a Pot and tak Almande mylk and boyle yt and do ther'to. 'Tak and make a thynne Paast of Dow and make therof as it were ryngis tak and fry hem in oyle de Olyve or in wyte grees and boil al togedere.

XXX. For to make Formenty on a Fichfsday g.

• Tak the mylk of the Hasel Notis boyl the wete h wyth the aftermelk til it be dryyd and tak and colourd; yt wyth Sasron and the ferst mylk cast ther'to and boyle wel and serve yt forth.

Wide Part I. No 49. E Fishday. h white. Perhaps, colour.