

oyl dolyf Nym wyn and boyle yt wyth the onyouns
:ofte wyte bred and do yt in dischis and god Almande
nylk also and do ther'above and serve yt forthe.

VII. For to make Blomanger^k of Fysch.

Tak a pound of rys les hem wel and wasch and
feth tyl they breste and lat hem kele and do ther'to
mylk of to pound of Almandys nym the Perche or the
Lopuster and boyle yt and keft fugur and salt also
ther'to and serve yt forth.

VIII. For to make a Potage of Rys.

Tak Rys and les hem and wasch hem clene and
feth hem tyl they breste and than lat hem kele and
feth cast ther'to Almand mylk and colour it wyth saf-
ron and boyle it and messe yt forth.

IX. For to make Lamprey fresch in Galentyne^l.

Schal be latyn blod atte Navel and schald yt and
roft yt and ley yt al hole up on a Plater and zyf hym
forth wyth Galentyn that be mad of Galyngale gyn-
gener and canel and dresse yt forth.

X. For to make salt Lamprey in Galentyne^m.

Yt schal be stoppitⁿ over nyzt in lews water and

^k See note on N^o 14. of Part I.

^l This is a made or compounded thing. See both here, and in
the next Number, and v. Gloss.

^m See note^l on the last Number.

ⁿ Perhaps, *stoppit*, i. e. steeped. See N^o 12,