

XXX. For to make manmene<sup>g</sup>.

Tak the thyys<sup>h</sup> other the flesch of the caponys fede<sup>i</sup> hem and kerf hem smal into a mortar and tak mylk of Almandys wyth broth of fresch Buf and do the flesch in the mylk or in the broth and do yt to the fyre and myng yt togedere wyth flour of Rys othere of wastelys als charchaut als the blank de sure and wyth the zolkys of eyryn for to make it zelow and safron<sup>n</sup> and wan yt ys dresseyd in dysches wyth blank de sure straw upon clowys of gelofre<sup>k</sup> and straw upon powdre of galentyn and serve yt forthe.

XXXI. For to make Bruet of Almayne.

Tak Partrichys rostyd and checonys and qualys rostyd and larkys ywol and demembre the other and mak a god cawdel and dresse the flesch in a dysch and strawe powder of galentyn therupon. styk upon clowys of gelofre and serve yt forthe.

XXXII. For ro make Bruet of Lombardye.

Tak chekenys or hennys or othere flesch and mak the colowre als red as any blod and tak peper and kanel and gyngyner bred<sup>l</sup> and grynd hem in a mortar

<sup>g</sup> Vide Number 29, and the Gloss.

<sup>h</sup> Thighs.

<sup>i</sup> Quære.

<sup>k</sup> See N<sup>o</sup> 27, note <sup>v</sup>.

<sup>l</sup> This is still in use, and, it seems, is an old compound.

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