

Benes yfryed.

xx.  
IX. I.

Take benes and seeþ hē almost til þey ðerften. take and wryng out þ<sup>o</sup> wāt clene. do þ<sup>o</sup> Oynōns yfode and ymynced. and garlec þ<sup>w</sup>. frye hem ī oile: oþ<sup>r</sup> ī grecc. & do þ<sup>o</sup> powdō douce. & sūe it forth.

Ryfshews<sup>b</sup> of Fruyt.

xx.  
IX. II.

Take Fyg<sup>o</sup> and raisōns. pyke hē and waifshe hē in Wyne. grynde hē wiþ apples and peer<sup>o</sup> ypared and ypiked clenc. do þ<sup>o</sup> gode powdōs. and hole spices. make bail<sup>o</sup> þof. fryē ī oile and sūe hē forth.

Daryols<sup>c</sup>.

xx.  
IX. III.

Take Creme of Cowe mylke. oþ<sup>r</sup> of Almand<sup>o</sup>. do þ<sup>o</sup> ayren w<sup>o</sup> fug<sup>o</sup>, safrōn, and salt. medle it yfere. do it ī a coffyn. of II. ynche depe. bake it wel and sūe it forth.

Flaumpeyns<sup>d</sup>.

xx.  
IX. IIII.

Take fat Pork yfode. pyke it clene. grynde it smale. grynde Chese & do þ<sup>o</sup>. wiþ fug<sup>o</sup> and gode powdōs.

<sup>b</sup> Ryfshews. *ryfshewses*, Contents. Qu.

<sup>c</sup> Daryols. Qu.

<sup>d</sup> Flaumpeyns. *Flaumpeyns*, Contents. V. N<sup>o</sup> 113.