

hem up w̄ fandr̄. meng þise with oile. make a coffyn
as þ̄ didest bifor̄ & do þis Fars s̄ þin. and bake it wel
and sūe it forth.

Wastels yfarced.

xx.

VII. XIX.

Take a Wastel and hewe out þ̄ crinnies. take ayren̄
& shepis talow & þ̄ crinn̄ of þ̄ same Wastell powdō
fort & salt w̄ Safron̄ and Raifons corānce. & medle alle
þise yfere & do it in þ̄ Wastel. close it & bynde it fast
to gidre. and seeþ it wel.

Sawge yfarced.

xx.

VIII.

Take sawge. grynde it and temp̄ it up with ayren̄.
a sawcyst^h & kerf h̄y to gobett̄ and cast it ī a possy-
net. and do þ̄ wip̄ grece & frye it. Whan it is fryed
ynowz cast þ̄to sawge w̄ ayren̄ make it not to harde.
cast þ̄to powdō douce, messe it forth. If it be in
Ymber day: take sauge butt̄ & ayren̄. and lat it stonde
wel by þ̄ saufeⁱ, & sūe it forth.

Sawgeat^k.

xx.

VIII. I.

Take Pork and seeþ it wel and gnde it smale and
medle it wip̄ ayren̄ & brede. ygrated. do þ̄to powdō

^f Fars. Vide Gloss.

^h saweyster. Qu.

ⁱ stonde wel by the saufe. Become thick with the sawce.

^k Sawgeat. So named from the Sage, or *Sawge*.