Rafyols ".

Take swyne lyuos and seep he wel. take brede & grate it. and take zolkes of ayren. & make hit fowple. and do pto a lytull of lard carnon lyche a dee p. chese gryd 4 € whyte grece. powdo douce € of gyng € wynde it to ball as grete as apples, take b calle of b fwyne & cast eue by hy self bin. Make a Crust i a trape . and lay p ball pin & bake it. and whan bey buth ynowz: put pin a layo of ayren w powdo fort and Safron. and sue it forth.

## Whyte Mylat ".

xx. vii.xiii.

Take Ayren and wryng he thurgh a cloth, take powdo fort, brede igrated, & safron, & cast pto a gode quite of vyneg with a litull falt, medle all yfere. make a foile î a trap & bake it wel pinne. and sue it forth.

- Rafyols. Rafiowls, Contents. Qu. the etymen.
- · fowple. fupple.
- P carnon lyche a dee. Cut like dice, diced. Fr. De; fingular
  - 9 gtyd. grated. igrated, No 153.
  - wynde it to balles, make it into Balls.

  - trape. pan, or difin. French.
  - Mylates. Contents, Milates; but 155 as here. Qu.

Cruf-