

loseyns. cast <sup>9</sup> pto safrōn. fug. & salt & messe it forth with  
colyandre ī confyt rede, & sūe it forth.

Sowp<sup>9</sup> of galyntyne<sup>k</sup>. xx.  
VI. IX.

Take powdō of galyngale with fug and salt and  
boile it yfere. take brede ytofted. and lay the fewe  
onoward. and sūe it forth.

Sobre Sawfe. xx.  
VI. X.

Take Rayfōns, grynde hem with crust of brede; and  
drawe it up with wyne. do <sup>9</sup> pto gode powdōs and salt.  
and seeþ it. fry roch, looch, fool, oþ oþ gode Fyssh,  
cast þ fewe above, & sūe it forth.

Cold Brewet. xx.  
VI. XI.

Take crome<sup>l</sup> of almand. dry it in a cloth. and whan  
it is dryed do it in a vessel, do <sup>9</sup> pto salt, fug, and white  
powdō of gyng and Juys of Fenel and wyne. and  
lat it wel stonde. lay full & messe & dresse it forth.

Peer<sup>9</sup> <sup>m</sup> in confyt. xx.  
VI. XII.

Take peer<sup>9</sup> and pare hē clene. take gode rede wyne  
& mulberes<sup>n</sup> oþ sandr<sup>9</sup> and seeþ þ peer<sup>9</sup> þin & whan þei

<sup>k</sup> Sowpes of Galyntyne. Contents has *in*, recte. *Sowpes* means  
Sops. <sup>l</sup> crome. crumb, pulp. <sup>m</sup> Peer. pears.  
<sup>n</sup> mulberes. mulberries, for colouring.