

Cawdel of Muskels.

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VI. IIII.

Take and seeþ muskels, pyke hem clene, and waifshe hem clene ī wync. take almand^o & bray hē. take sōme of thē muskels and grynde hē. & some hewe smale, drawe the muskels ygrōnd w̄ the self broth. wryng the almānd^o with faire waī. do alle þise togid. do þto^o vious and vyneg. take whyte of lek^o & pboile hē wel. wryng oute the waī and hewe hē smale. cast oile þto^o w̄ oynōns pboiled & mynced smale do þto^o powdō fort, safroñ and salt. a lytel seeþ it not to to^c stōndyng & messe it forth.

Mortrews of Fyfish.

xx.
VI. V.

Take codlyng, haddock, oþ hake and lynōs with the rawnes^d and seeþ it wel in waī. pyke out^e þ bones, grynde smale the Fyfish, drawe a lyō of almānd^o & brede w̄ the self broth. and do the Fyfish groñden þto. and seeþ it and do þto^o powdō fort, safroñ and salt, and make it stōndyng.

Laumpreys in galyntyne.

xx.
VI. VI.

Take Laumpreys and fle^e hem with vyneg^o oþ with white wync & salt, scalde hē ī waī. flyt hem a litel

^c to to, i. e. too too. Vide N^o 17.

^d rawnes. roes.

^e fle. slay, kill.