

Eles in Brewet.

.c. x.

Take Crust⁹ of brede and wyne and make a lyō,
do þto oynoñs ymynced, powdō. & canel. & a litel wañ
and wyne. loke þat it be stepid, do þto falt, kerue
þin Eelis & seeþ hē wel and sūe hem forth.

Cawdel of Samōn.

.c. xi.

Take the gutt⁹ of Samōn and make hem clene. pboile
hem a lytell. take hem up and dyce hem. flyt the
white of Lekes and kerue hem smale. cole the broth
and do þhe lek⁹ þinne w⁹ oile and lat it boile togyd
yferē^a. do the Samōn icorne þin, make a lyō of
Almānd mylke & of brede & cast þto spices, safrōn
and falt, seeþ it wel. and loke þat it be not stondyng.

Plays in Cyce.

.c. xii.

Take Plays and smyte hem^b to pecys and fry hem in
oyle. drawe a lyō of brede & gode broth & vyneḡ.
and do þto powdō gyng⁹. canel. pep and falt and
loke þ it be not stondyng.

For to make Flaumpeyns.

.c. xiii.

Take clene pork and boile it tendré. þenne hewe
it small and bray it smal in a morē. take fyg⁹ and boile

^a togyd yferē. One of these should be struck out.

^b Vide N^o 104. Qu.

hem