Toftee n.

XX.

Take wyne and hony and fond it togyd and skym t clene. and seep it long, do pto powdo of gyng. pep and salt, tost brede and lay the sew pto. kerue pecys of gyng and slo it pwith and messe it forth.

Gyngawdry P.

xx.

Take the Powche and the Lyuor of haddok, codlyng and hake and of oop fishe, phoile he, take he and dyce hem small, take of the felf broth and wyne, a layo of brede of galyntyne with gode powdos and fast, cast pat fyshe pinne and boile it. a do pto amydon. a colo it grene.

Erbowle t.

XX. IIII. XV.

Take bolas and scald hem with wyne and drawe hem with a styno do hem in a pot, clarify hony and do pto with powdo fort, and slo of Rys. Salt it forth it w whyte aneys. f sue it forth.

- ▶ Toffee. So called from the toafted bread.
- fond it. mix it.

P Gyngawdry. Qu.

- Powche. Crop or stomach.
- Lyuo. Liver. V. Nº 137.
- Hake. "A'ellus alter, five Merlucius, Aldrov." So Mr. Ray. See Pennant, III. p. 156.
- \* Erbowle. Perhaps from the Bolas, or Bullace employed.
- with, i. e. thurgh or thorough.

Resmolle.