

Grewel of Almānd.<sup>9</sup> xx.  
IIII. VI.

Take Almānd<sup>9</sup> blānched. bray hē w<sup>t</sup> oot meel<sup>h</sup>. and draw hē up with wa<sup>t</sup>. cast <sup>9</sup>pon Safrōn & salt &c.

Cawdel of Almānd mylk. xx.  
IIII. VII.

Take Almānd<sup>9</sup> blānched and drawe hem up with wyne, do <sup>9</sup>pto powdō of gyng<sup>9</sup> and sug<sup>9</sup> and colō it with Safrōn. boile it and sūe it forth.

Jowt<sup>9</sup> of Almānd Mylke. xx.  
IIII. VIII.

Take erbes, boile hem, hewe hem and grynde hem ināle. and drawe hem up with wa<sup>t</sup>. set hem on the fire and seeþ the rowt<sup>9</sup> with the mylke. and cast <sup>9</sup>pon sug<sup>9</sup> & salt. & sūe it forth.

Fygey<sup>k</sup>. xx.  
IIII. IX.

Take Almānd<sup>9</sup> blānched, grynde hem and drawe hem up with wa<sup>t</sup> and wyne: quart<sup>9</sup> fyg<sup>9</sup> hole raifōns. cast <sup>9</sup>pto powdō gyng<sup>9</sup> and hony clarified. seeþ it wel & falt it, and sūe forth.

<sup>h</sup> oot meel. oat-meal.

<sup>i</sup> Jowtes. V. ad N<sup>o</sup> 60.

<sup>k</sup> Fygey. So named from the figs therein used. A different Recipe, Mf. Ed. N<sup>o</sup> 3, has no figs.