

-dendele^r a powd^o gyngen^o and stere^r it togȳd til it bi-
gynne to thik and cast it on a wete^r table. lesh it
and sūe it forth w^o fryed mete on flessh day^o or on
fyshe dayes.

Lete Lardes^s.xx
III. VIII.

Take p̄sel and grynde with a Cowe mylk, medle it
with ayren^o and lard ydyced take mylke aft̄ p̄^o p̄^o hast
to done^r and myng^o p̄^o with. and make p̄^o of dyūse co-
lours. If p̄^o wolt have zelow, do p̄^o to safrōn and no
p̄sel. If p̄^o wolt have it white, non p̄^o p̄sel ne safrōn
but do p̄^o to amydoñ. If p̄^o wilt have rede do p̄^o to san-
dres. If þou wilt have pownas^x do p̄^o to turnesole^y.
If p̄^o wilt have blak do p̄^o to blode yfode and fryed. and
set on the fyr ī as many vessels as p̄^o hast colours þerto

^r thriddendele. Third part, perhaps, of bread, i. e. of bread,
may be casually omitted here. V. Gloss.

^s stere. stir.

^r wete. wet.

^s Lete Lardes. *Lards* in form of Dice are noticed in the process.
See *Lel. Coll.* VI. p. 5. *Lete* is the Fr. *Lait*, milk. V. N^o 81.
or Brit. *Llartb.* Hence, perhaps, *Letbe Cyprus* and *Letbe Rubo.*
Lel. Coll. IV. p. 227. But VI. p. 5, it is *Leche*.

^r to done, i. e. done.

^o myng. mix.

^x pownas. Qu.

^y turnesole. Not the flower *Heliotrope*, but a drug. Northumb.
Book, p. 3. 19. I suppose it to be *Turneric*. V. Brooke's Nat.
Hist. of Vegetables, p. 9. where it is used both in victuals and for
dying.

and