

For to make yalbmeny.

xx.
W. xiii.

Take po chese and of flessch of capons. or of hemys halke smal and grynde hem smale in a mort. take mylke of almandys wth p^{er} bothe of freysch beef. or freysch flessch. & put the flessch in p^{er} mylke or in the broth and set he to p^{er} fyre. & alye hem wth flo^{ur} of wylc. or saffron. or amydon. as chargeant as p^{er} blank. desire. & wth zolles of ayren and casyon for to make hit zelous. and when it is dresst in dysch wth blank desir. styk a bone clove so subso. & thalke wylde of saffynale a boke. and dre it forth.