

loaded to be christened, and called Æthelstane ⁹. Now 'tis certain that Hardicnut stands on record as an egregious glutton [†], but he is not particularly famous for being a *curious Viander*; 'tis true again, that the Danes in general indulged excessively in feasts and entertainments [‡], but we have no reason to imagine any elegance of Cookery to have flourished amongst them. And though Guthrum, the Danish prince, is in some authors named *Gormundus* [†]; yet this is not the right etymology of our English word *Gormandize*, since it is rather the French *Gourmand*, or the British *Gormod* [‡]. So that we have little to say as to the Danes.

I shall take the later English and the Normans together, on account of the intermixture of the two nations after the Conquest, since, as lord Lyttelton observes, the English accommodated them selves to the Norman manners, except in point of temperance in eating and drinking, and communicated to them their own habits of drunkenness and immoderate feasting [‡]. Erasmus also remarks, that the English in his time

⁹ Spelm. Life of Ælfred, p. 66. Drake, Eboracum. Append. p. civ.

[†] Speed's History.

[‡] Monf. Mallet, cap. 12.

[†] Wilkins, Concil. I. p. 204. Drake, Ebor. p. 316. Append. p. civ. cv.

[‡] Menage, Orig. v, Gourmand.

[‡] Lord Lyttelton, Hist. of H. II. vol. iii. p. 49.