

# Student Handouts: 15th Century Italian Dance

## Week 1: Piva

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### Piva Steps

- Step forwards on the left foot
- Step quickly forwards on the right foot, bringing the right foot either level with, slightly in front of, or slightly behind the left foot.
- Step forwards again on the left foot.



### Petit Vriens

(The Duck Dance)

Begin in a line with three people, one behind the other. Remember that this is in piva time so everything is stepped through fairly quickly.

- Sixteen piva steps forwards.
  - First person does four piva steps forwards. Second person follows with four piva steps. Third person follows with four piva steps.
  - First person goes forwards with a doppio (three steps then close). Second person follows, then third person follows.
  - First person turns to the second person and does a riverenza.
  - Second person does a riverenza to the first person.
  - Third person moves around to form a triangle and riverenza (all in 4 beats).
  - Backwards one doppio, then forwards one doppio.
  - Riprese Left, Riprese Right, Turn.
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## Week 2: Quadernaria

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- Saltarello todescho**
- Step forwards on the left foot
  - Smaller step forwards on the right foot.
  - Step forwards again on the left foot.
  - Hop forwards on the left foot, leaving the right foot raised to commence the next step
- To commence the next step, begin on the right foot.
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## Anello

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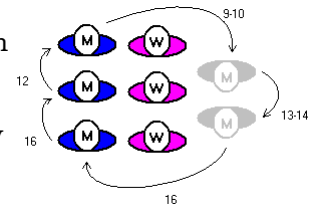
<b>Part I: Saltarello Todescho (4/4)</b>	1 - 8	SIL SIR SIL SIR SIL SIR SIL SIR	8 saltarello steps forwards, starting on the left foot. At the end of the last step, form into a square, all facing inwards.
<b>Part II: Saltarello Todescho (4/4)</b>	9	M	Men do a small rising "movimento".
		M	Ladies reply.
	10 - 11	SIL SIR MvR	The men change places with two saltarello steps, then turn to face each other again.
	12	M M	Ladies do a movimento, then the men reply.
	13 - 14	SIL SIR MvR	Ladies change places in the same way as the men (1 - 12 above).
<b>Part III: Saltarello Todescho (4/4)</b>	15	M M	Men do a movimento and the ladies reply.
	16	VtL	Men all turn in place.
	17	M M	Ladies do a movimento and the men reply.
	18	VtL	Ladies all turn in place
<b>Part IV: Piva (2/4)</b>	19 - 22	PvL PvR PvL PvR	Men dance around the ladies and change places, starting on the left foot, and going behind the ladies.
	23 - 26	PvL PvR PvL PvR	Ladies repeat the above.
<b>Part V: Saltarello Todescho (4/4)</b>	27	M M	Men and ladies do a movimento, one after the other.
	28	M M	Men and ladies do a movimento, one after the other.
	29 - 30	RpR	The leading couple turns back into place using a reprisal on the right foot.

The dance repeats from the start. Ladies go first the second time through.

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## Week 4: Gelosia

<b>Part I</b>	1 - 8	SIL SIR x 4	8 saltarelli.
<b>Part II</b>	9 - 10	DL DL DL	First man does 3 contrapassi in the time of two doubles, around his lady and ending up facing the second lady.
	11	RvL	First man does a riverenza to the second lady, touching hands.
	12	SIL	Second man moves up the line to the place vacated by the first man.
	13 - 14	DL DL DL	First man does 3 contrapassi in the time of two doubles, to finish facing the third lady.
	15	RvL	First man does a riverenza to the third lady, touching hands.
	16	SIL	Third man moves up the line to the place vacated by the second man, while the first man goes around behind the third lady to the place vacated by the third man
<b>Part III:</b>	17 - 20	PvL PvR PvL PvR	All take 4 piva steps forwards.
<b>Part IV:</b> Each couple turns in place, one at a time.	21	VtL	First couple take a full turn in place, and end up facing each other.
	22	VtL	Second couple.
	23	VtL	Third couple.
<b>Part V:</b>	24 - 26	SL SR SL	Men and ladies take hands, and change places in three singles.
	27 - 29	SR SL SR	Repeat, so that everybody goes back to their place, finishing by turning to face forwards again.



The first man has now become the third man, while the second has become the first, and the third has become the second. The dance should then be repeated twice more, so that everyone regains their original partners.

Later versions of this dance in Guglielmo have the dance repeated once with the ladies taking the part of the men.

# Week 5: Bassadanza

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## La Spagna

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This is a relatively simple Italian Bassa Danza. It is uncharacteristic in that it begins the dance, after the opening Riverenza and Continenze, on the right foot instead of the left.

The dance is done in a line of couples, with the men on the left and the ladies on the right, and everyone facing forwards and holding hands with their partner.

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### Part I

1	RvR	Riverenza on the right foot.
2	CnR CnL	Two continenze, right then left.
3	SR SL	Two singles.
4 - 7	DR DL DR DL	Four doubles.
8	RpB	Reprise backwards.

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### Part II

Note that the dance changes back to the left foot at this point.

9	SL SR	Two singles
10 - 11	DL DR	Two doubles

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Drop hands, then turn to face your partner, and take their right hand in your right hand.

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12 - 13	RpL RpR	Move sideways to the left (away from your partner) then back towards your partner.
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Turn back to face the front of the line, joining hands again.

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### Part III

14	SL SR	Two singles
15 - 16	DL DR	Two doubles.
17 - 18	RpT RpB	Drop hands for this sequence, ripresa turning, then a ripresa backwards.

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The dance can end with a short riverenza to your partner.

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# Week 6: Saltarello

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## Rostiboli Gioioso

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<b>Part I – Bassadanza</b>	1 – 2	RpL RpR	Ripresa left then right. At the end of this, drop hands.
	3 – 5	SL SR DL DR	The man moves forwards, away from the lady, doing a single left, single right, doppio left and a doppio right. At the end of the last doppio he should turn to face the lady.
	6 – 7	RpL RpR	Both the man and the lady are now facing each other some distance apart. They do a ripresa left then a ripresa right.
	8 – 10	SL SR DL DR	The man does a single left, single right, doppio left, then doppio right, to return to the lady. At the end of the last doppio he turns to face forwards again so that the dancers are back in their starting position.

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**Repeat** This section is repeated, with the lady moving.

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<b>Part II</b>	21 - 22	RpL RpR	Ripresa left then right.
	23 – 26	SL SR DL DR DL	Both dancers move forwards with two singles (left then right) then three doppii (left, right, left). Finish by dropping hands.
	27	VgR	Volta del Gioioso, end up back in the starting position holding hands again.

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Repeat the above section.

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<b>Part III</b>	35 – 50	Sl x 16	16 bars of saltarello steps, dancers progress around the floor as they will. Use some improvisation here!
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<b>Part IV</b>	51	M	Man does a movimento
	52	M	Lady does a movimento
	53 – 54	DL	Man does a doppio on the left foot, moving away from the lady.
	55	M	Lady does a movimento.
	56	M	Man does a movimento.
	57 – 58	DL	Lady does a movimento on the left foot, moving towards the man.

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Repeat part IV, then repeat the entire dance with the lady going first.

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