

Gratia d'Amore

This is another of Caroso's balletto + sciolta dances from Il Ballarino. The description of the steps is a bit odd in the second verse, in that there appears to be almost enough steps for two verses.

This is a reconstruction that I made because I wasn't entirely happy with the other reconstructions that I saw.

Begin the dance facing your partner, holding both hands, as in Contentezza d'Amore

Figure 1	1 – 4	RvL	Riverenza
	5 – 8	SgL SgR	Two seguiti left then right, each turning over your own left shoulder. End up facing again.
	9 – 10	CnL	Continenza left, touching right hands.
	11 – 12	CnR	Continenza right, touching left hands.

Finish figure 1 by facing forwards to do the next figure progressing up the hall.

The step description in Caroso for figure 2 appears to indicate two passi, a seguito, two passi, two reprise, four seguiti, and then the two continenze. There isn't enough music for this in one repeat of the dance, so I have gone with the reconstruction below which essentially breaks this up into two figures. This reconstruction means that you will need 5 repeats of the A part of the music instead of 4.

Figure 2	1 – 2	PsL PsR	Two passi, left then right.
	3 – 4	SgL	Seguito left.
	5 – 6	PsR PsL	Two passi backwards, right then left
	7 – 8	RpR RpR	Two reprise, flankingly backwards to the right.
	9 – 12	CnL CnR	Continenza left then right.

Figure 2A	1 – 8	SgL SgR SgL SgR	Four seguiti, progressing up the hall.
	9 – 12	CnL CnR	Continenza left then right.

Begin the next verse by facing your partner and taking right hands.

Figure 3	1 – 2	PsL PsR	Two passi, left then right, changing places.
	3 – 4	SgL	Seguito left, returning to your own place. Drop right hands and take left hands.
	5 – 6	PsR PsL	Two passi, right then left, changing places.
	7 – 8	SgR	Seguito right, returning to your own place.

Figure 4

9 - 12	CnL CnR	Continenza left then right, facing forwards again.
1 - 2	PsL PsR	Passo left and right, progressing up the hall.
3 - 4	SgL	Seguito left, the man turning over his left shoulder and the lady turning over her right shoulder. Do a half turn (i.e. Cast off) so that you are facing back down the hall.
5 - 6	PsR PsL	Passo right and left, progressing down the hall.
7 - 8	SgR	Seguito right, casting back to face up the hall again.
9 - 12	CnL CnR	Continenza left then right.

My reconstruction of the sciolta is 2 repeats of the sciolta music, which is 22 bars long, for a total of 44 bars.

Sciolta

1 - 4	RvL	Riverenza
5 - 7	SzL SzR SzL	Three spezzati changing places.
8	SzR	Spezzato right, turning over your left shoulder, to face.
9 - 10	TbL TbR	Two slow trabuchetti, left then right.
11 - 12	SzL CdR	Spezzato left, turning over your left shoulder, and then ending with a cadenza.
13 - 14	Fpp Fpp	2 Fioretti a pie pari, facing each other.
15 - 16	PsL PsR	Two passi backwards.
17 - 18	SzL SzR	Two spezzati, left then right, changing places, passing right shoulders. Clap your right hands together on the second spezzato.
19 - 20	Fpp Fpp	2 Fioretti a pie pari, facing each other.
21 - 22	PsL PsR	Two passi backwards.
23 - 24	SzL SzR	Two spezzati, left then right, changing places, passing left shoulders. Clap your left hands together on the second spezzato.
25 - 26	TbL TbR	Two trabuchetti, left then right.
27 - 28	SzL CdR	Spezzato left, turning over your left shoulder, end with a cadenza.
29 - 32	SzL SzR SzL SzR	Four spezzati flankingly forwards, end facing each other.
33 - 34	CnL	Continenza left, touching right hands.
35 - 36	CnR	Continenza right, touching left hands. End side by side, facing up the room, take hands in proper position
37 - 40	PtL PtR	Puntata left forwards, right backwards.
41 - 44	RvL	Riverenza