

Este Gonzaga

This is a dance for two people. The reconstruction is by Adina Hamilton.

This is a very slow dance until the sciolta. It's all about doing the steps gracefully. Start the dance at the foot of the hall, holding both hands (like Contentezza d'Amore).

Figure 1
Part A

1 - 4	RvL	Riverenza Grave	
5 - 8	CnL CnR	Two continenze, left and right. After completing this, drop both hands but remain facing each other in a line.	
9 - 12	SgL SgR	Moving sideways away from each other to the left and then back to the right to end up facing again.	
13 - 14	TbL TbR	Two trabuchetti, left then right	
15 - 16	RpL RpL	Riprese away from each other, back and to the left.	
17 - 20	SgR SgL	Two seguiti sideways, right then left.	
21 - 22	TbR TbL	Trabuchetti right then left	
23 - 24	RpR RpR	Riprese back and to the right. The dancers should end up somewhat apart, but more or less facing each other.	
25 - 28	SzL SzR	Two spezatti, to end up facing proper up the hall. Take hands as you meet.	
29 - 32	RvL	Riverenza Grave on the left foot.	

This requires two repeats of the part "A" music, as do the part A sections of the next three figures.

There is no part "B" in figure 1, although some recordings of the music have a part B. If you need to include a part B in the dance, then do the same part B as shown in figure 2.

Adina says: This is a perfectly OK interpretation – there is a mistake somewhere in the *Il Ballarino* text, and the decision whether or not to do a B section in the first figure is pretty arbitrary.

Figure 2 Part A This section is done processing down the hall.	1 - 8	SgL SgR SgL SgR	Four seguiti beginning on the left foot.
	9 - 12	PtL PtR	Two puntate, left then right.
	13 - 14	PsL PsR	Two passi, left then right
	15 - 16	SgL	Seguito on the left foot.
	17 - 32	Repeat	Repeat all of the above, beginning on the right foot.

Part B	1 - 2	TbL TbR	Two trabuchetti, left then right.
	3 - 6	RvL	Riverenza on the left foot.

Figure 3 Begin this figure by taking right hands, both facing forwards. The lady will have her right arm across the front of her body to hold the man's right hand.

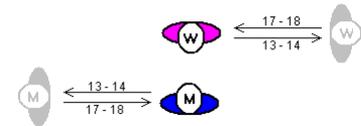


Figure 3	1 - 2	PsL PsR	Two passi, left then right.
	3 - 6	SzL SzR	Spezatti left then right. At the end of this section, drop hands and turn to face each other, but turned slightly to your left.
	7 - 12	PsL PsR SzL SzR	Repeat the above steps, moving around into each others' places.
	13 - 14	SzL	Moving sideways away from each other to the left.
	15 - 16	RvMR	Riverenza minima on the left foot, end up by turning back to face each other as you come out of the riverenza.
	17 - 20	SzR RvML	Move back towards each other, end up facing each other after the riverenza.
	21 - 24	PsLb PsRb PsLb PsRb	Four passi moving backwards away from each other.
	25 - 28	SgL SgR	Doing a full turn around over your left shoulder
	29 - 32	SgL SgR	Moving back forwards in a zig-zag pattern to meet. End up facing improper up the hallway again

Part B Repeat part B from Figure 2

Figure 4 Repeat Figure 3, this time beginning on the right foot, and ending up facing each other once again. Start the figure by taking left hands.

Sciolta

The music for the sciolta is in triple time (3/4 played quickly).

1 - 8	SzL SzR SzL SzR	Four Spezatti moving around each other, coming back into your own places
9 - 12	TbL TbR TbL TbR	Four trabuchetti facing each other
13 - 16	SzL SzR	Turning around over your left shoulder.
17 - 20	SzL RvMR	Spezatto moving forwards, then take right hands to do the riverenza.
21 - 24	SzR RvML	Repeat, taking left hands for the riverenza.
25 - 26	RpL RpL	Two riprese to the left.
27 - 28	TbL TbR	Trabuchetti left then right.
29 - 30	SzL CdR	Spezatto, turning over your left shoulder, finish with a Cadenza
31 - 32	PsLb PsRb	Two steps flankingly backwards away from each other
33 - 34	SgL	Seguito left, moving forwards to meet again.
35 - 38	RvR	Finish the dance by facing forwards again and doing a riverenza on the right foot.
