
Cheat Sheet: Negri

La Nizzarda

A: step, kick, cadenza x 4

B: face partner, three sottopiede to the man's left, large jump, 3 sottopiede right, jump.

C: recacciate (man left, lady right), lady leaps with man guiding her around a quarter circle, repeat 4 times (to be back where you started).

Dance sequence: A B B C B C B , then repeat.

Lo Spagnoletto

1A: Riverenza with a jump, seguito around the circle, fioretto out, fioretto in, seguito.

B: Three sottopiede left, cadenza, trab right, turn left. 3 sottopiede right, cadenza, trab left, turn right.

C: Two big passi backwards, seguito forwards, repeat starting on the right foot.

2A: passo passo seguito (changing places across the circle), spezzato spezzato seguito (back to own place). Ladies do this first time, then men second time.

3A: spezzato spezzato seguito around the circle x 2.

4A: passo passo trab trab seguito (turning around your opposite), then (starting on right foot) passo passo trab trab seguito back to place. Ladies first time, men second time.

5A: spezzato spezzato seguito around your partner, the same around your corner.

Dance sequence: 1A B C, 2A (ladies) B C, 2A (men) B C, 3A B C, 4A (ladies) B C, 4A (men) B C, 5A B C.

Bizzarria d'Amore

1A: Riverenza, 2 riprese, men then women.

B: 2 jumps, ripresa minuta, repeat.

C: spezz backwards x 2, seguito forwards, repeat to the other side.

2A: men change places & turn, ladies change places & turn.

3A: around your partner & turn, around your corner & turn.

4A: repeat 2A, taking hands.

5A: half around your partner & back, turn, repeat with corner.

6A: around your partner, hey and a half.
