
Cheat Sheet: Caroso

Il Piantone

Introduction: Rv, step, step, seguito, step, step, seguito.

Verse: Riverenza, 4 seguiti out, 2 seguiti backwards, 2 seguiti turning, trab, trab, riverenza.

Ballo del Fiore

Start this dance on the right foot.

To begin the dance: Rv + 2 doubles in a circle (first man only).

Main dance: 4 doubles to a partner, continenze right, left, riverenza. 2 doubles + 2 scorsi on to the floor, continenze right, left, riverenza. 4 doubles in a curve, Cn, Cn, Rv. 4 doubles in a zig-zag, Cn, Cn, Rv. Exchange the flower then repeat.

Conto dell'Orco

1: Riverenza, 3 seguiti, chorus.

Chorus: trango, trango, spezz and cadenza turning.

2: 5 seguiti, chorus.

3 (man): doppio, two steps back, two slow trabs, two riprese, chorus.

4 (woman): same as 3.

5: step step seguito, step step seguito. Then do 3 & 4 together.

Villanella

1: Riverenza, continenza, continenza. Two seguiti forwards, continenza ripresa ripresa.

2: walk: step step seguito forwards x 2, chorus.

Chorus: continenza ripresa ripresa riverenza.

3: man walks around the lady, chorus.

4: lady walks around the man, chorus.

5: step step cast off with seguito x 2, chorus.

6: 4 spezzati changing places then turning, repeat, chorus.

**Contentezza
d'Amore**

1: Start facing your partner, left foot forwards. Riverenza continenza continenza, 4 riprese left, 4 riprese right, Cn, Cn, Rv.

2: Ladies up the hall with Puntata, Puntata, passo, passo seguito x 2. Finish with Puntata forwards, Puntata backwards, Riverenza.

3: Men go up the hall with the same steps as the ladies, finish as before.

4: Ladies around the men with passo passo seguito x 2. Men around the ladies with the same steps. Finish as before.

5: 2 Puntate to change places, down the hall with 6 seguiti, finish as before.

Sciolta: 8 spezzati in a figure 8. 8 riprese left, 8 riprese right, 4 trabs, riverenza.
