

Of the Praise, Vertue, and Efficacie of the Psalmes.

David, and thou shalt feele the sweet mercy of God, and thy minde refreshed with spirituallioy.

Wouldst thou pray? Then poure forth thy soule in the Psalmes 45. 54. 67. 70. 72. 86. 143. For the soule of man cannot either, feelingly expresse its misery, tribulation and anguish of temptation, or more powerfully call vpon the mercy of God, than in these Psalmes.

Wouldst thou praise the Maiestie of God, or giue him thanks for all his benefites? then sing the 103. 104. 105. 106. 107. 108. 111. 113. 144. 145. 146. 147. 148. 149. 150.

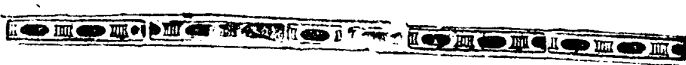
If thou be so farre afflicted with outward and inward temptations that thou seemest to be forsaken, then sing heartily the 22. 64. 69. Psalmes.

If this present life be tedious vnto thee, and that with an ardent desire thou waitest to see God, then sing the 42. 63. 84. Psalmes.

If thou finde thy selfe quite deiected, and as it were forlorne in trouble, then with compunction of heart sing the 13. 31. 44. 54. 56. Psalmes, and when thou hast found ease and rest vnto thy soule, O sing to the praise of God, the 30. 34. 103. 104. Psalmes, and alwayes whether in the time of aduersity, or prosperity, sing out the song of the three Children, wherein euery creature is inuited to praise God.

But dost thou desire to exercise thy selfe in the diuine praises and precepts of the Lord? Content thy selfe then and sing the 119. Psalme, wherein although euen to the end of thy life thou shalt haue sought and searcht all that thou canst, yet shalt thou neuer perfectly vnderstand the vertues & excellencies, or reach vnto the heights and depths which are comprehended in it: for hardly is there a verse in that whole Psalme wherein is not mention made of Gods Law, Commandements, Testimonies, and Precepts.

In a word, he that would giue these heauenly Hymnes their due, had need to compose a Psalme in praise of the Psalmes, that so the deuout and ioyfull soule might with looking vp vnto God, reflect vpon its owne worke, and transport it selfe vnto the quire of Angels and Saints, whose perpetuall taske is to sing their concording parts without pause, redoubling and descanting; *Holy, Holy, Holy, Lord God of Hosts.* And if Vocall Musické be not full enough, let the Instrumentall be added, *Reuelat. 15. 2.* They haue in their hands the Harps of God, and sing the song of *Moses*, and the song of the Lambe, saying, *Great and mercifulous are thy workes. Lord God Almighty.* Amen.



**AN INDEX OF SVCH
Names of the Tunes of the Psalmes,
vsually sung in Cathedrall Churches, Collegi-
ats, Chappels, &c. As also, the forraigne
Tunes vsually sung in Great Brittain.**

<i>English Tunes.</i>	<i>Psalmes.</i>	<i>Scottish Tunes.</i>	<i>Psalmes.</i>
Bathe and Wels, or Gla. enbury.	19. 63. 140.	Kings.	32. 86.
Bristoll.	16. 64.	Dukes.	33. 87.
Cambridge. 2.	73. 106. 117. 128.	Abby.	34. 88.
Canterbury.	25.	Dumfermeling.	35. 89.
Chichester.	22. 53. 110.	Dundy.	36. 90.
Christs Hospitall.	72. 107.	Glasgow.	37. 91.
Ely. 21. 2. part of the 51. Ps. 1.		Martyrs.	39. 92. 99. 118.
Exceter.	15. 65.		
Glocester.	10. 48. 143.	<i>Welch Tunes.</i>	
Hereford.	11. 49. 144.	Landaph.	40. 93.
Lincolne.	7. 56. 142.	Bangor.	4. 94.
Lichfield & Couentry.	9. 58.	S. Davids.	43. 95.
London.	67.	S. Asaph or Wrixham.	46.
Norwich.	5. 55. 102.	Ludlow.	45.
Oxford.	4. 74. 109. 129.		
Peterborough.	8. 57.	Low Dutch Tunes. 11. 60. 114.	
Rocheſter.	24. 82. 139.	131.	
Salis.ury.	17. 54.	High Dutch Tunes.	112.
Wincheſter. 23 84. 98. 101. 116.		125. 127.	
	(133. 150.	Italian Tunes.	120.
Windſor or Eaton. 62. 85. 108.		French Tunes.	50. 100.
Worceſter. 13. 47. 97.	(123.	111. 113. 121. 122. 124. 126.	
Woluerhampton.	26. 83.	130. therō. Commandements.	
		English Tunes imitating the	
<i>Northerne Tunes.</i>		High-Dutch, Italian, French,	
Yorke.	27. 66. 115. 138.	and Netherlandish Tunes. 1. 3.	
Durham.	28. 76.	6. 14. 18. 21. 30. 38. 41. 44.	
Cheſter.	31. 80. 129. 146.	51. 52. 59. 61. 68. 69. 71. 77.	
Carleile.	29. 79.	78. 103. 104. 119. 131. 136.	
Southwell. 2. p. of the 50. Ps. 70.		137. 141.	
Mancheſter. 147.	(134.		

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