

temper it up wyth broth of Caponys and of Pork that yt be wel charchaunt also the crem of Almaundys and grynd egg^o and safron or sandres togedere that it be coloured and straw upon Powder of Galentyn and strik thereon clowys and maces and serve it forthe.

XXXV. For to make Apulmos^s.

Tak Applys and feth hem and let hem kele and after mak hem thorwe a cloth and do hem in a pot and kaff to that mylk of Almaundys wyth god broth of Buf in Flesch dayes do bred ymyed^t therto. And the fisch dayes do therto oyle of olyve and do therto fugur and colour it wyth safron and strew theron Powder and serve it forthe.

XXXVI. For to make mete Gelee^u that it be wel chariaunt.

Tak wyte wyn and a party of water and safron and gode spicis and flesch of Piggys or of Hennys or fresch Fissh and boyle them togedere and after wan yt ys boylyd and cold dres yt in dischis and serve yt forthe.

^s See N^o 17.

^t f. ymyced, i. e. *minced*.

^u meat jelly.