
ANCIENT COOKERY.

A. D. 1381.

*Incipiunt universa servicia tam de
carnibus quam de piscibus^a.*

I. For to make Furmenty^a.

NYM clene Wete and bray it in a mortar wel
that the holys^b gon al of and seyt^c yt til it
breste and nym yt up. and lat it kele^d and nym fayre
fresch broth and fwete mylk of Almandys or fwete
mylk of kyne and temper yt al. and nym the yolkys
of eyryn^e. boyle it a lityl and fet yt adōn and messe
yt forthe wyth fat vennyson and fresch moton.

^a See again, N^o I. of the second part of this treatise.

^b Hulls.

^c Miswritten for *seyth* or *sethe*, i. e. feeth.

^d cool.

^e eggs.