

hoole. and ryne<sup>1</sup> hē on a spyt and roost hē. and endore<sup>m</sup> hem as pōme dorryes & sūe hē forth.

Comadore<sup>n</sup>.xx.  
- IX. VII.

Take Fyg<sup>9</sup> and Raifōns. pyke hem and wafshe hē clene. skalde hē ī wyne. grynde hē right smale. cast sug<sup>9</sup> ī þ̄ self wyne. and fōnde it togȳd. drawe it up thurgh a stȳnō. & alye up þ̄ fruyt þ̄w. take gode peerys and Appl. pare hem and take þ̄ best, grynde hem smale and cast þ̄to. set a pot on þ̄ fuyr<sup>o</sup> wip oyle and cast alle þ̄ise þ̄yng þ̄inne. and stere it warliche, and kepe it wel fro brēnyng. and whan it is fyned cast þ̄to powdōs of gyng<sup>9</sup> of canel. of galyngale. hool clow<sup>9</sup> flō of canel. & macys hoole. cast þ̄to pyn a litel fryed ī oile & salt, and whan it is ynōwȳ fyned. take it up and do it ī a vessel & lat it kele. and whan it is colde. kerue out w̄ a knyf smale pecys of þ̄ gretnesse & of þ̄ length of a litel fyng. & clofe it fast ī gode past. & frye hē ī oile. & sūe forth.

<sup>1</sup> ryne. run.<sup>m</sup> endore. endorse, MS. Ed. 42. II. 6. v. ad 147.<sup>n</sup> Comadore. Qu.<sup>o</sup> Fuyr. fire.