

hē w a cloth do hē ī a pāne do þto half vyneg & half  
wyne & seep it wel. & take the Fyshe and þke it  
clene, cole the broth thurgh a cloth īto an erinen  
pāne. do þto powdō of þep and safroñ ynowh. lat it  
seep and skyin it wel whan it is yfode: dof<sup>k</sup> þ gress  
clene, cowche fiske on chargeōs & cole the fewe tho-  
row a cloth onward & sūe it for h.

## Gele of Flesh.

.c. II.

Take swyn<sup>9</sup> feet & snowt<sup>9</sup> and the eerys<sup>1</sup>. capons.  
cōnyng<sup>9</sup> calu fete. & waische hē clene. & do hē to seep  
in the þriddel<sup>m</sup> of wyne & vyneg<sup>9</sup> and wat and make  
forth as bifore.

Chyfanne<sup>n</sup>.

.c. III.

Take Roches. hole Tench and plays & sinyte hem  
to gobett. fry hē ī oyle blānche almānd. fry hē & cast  
þto raisoñs corance make lyō of crust of brede of rede  
wyne & of vyneg<sup>9</sup> þ þridde part þw fyg drawn & do  
þto powdō fort and salt. boile it. lay the Fishe ī an  
erthen panne cast the fewe þto. seeþ oynoñs ymynced  
& cast þine. kepe hit and ete it colde.

<sup>k</sup> Dof, i. e. do of.<sup>1</sup> Eerys. Ears.<sup>m</sup> Thriddel. V. ad N<sup>o</sup> 67.<sup>n</sup> Chyfanne. Qu.