

and drawe hem thurgh a strayn<sup>o</sup>. cast hem in a pot  
and þwip<sup>o</sup> powd<sup>o</sup> of pep and ooþ<sup>o</sup> good powd<sup>o</sup>s. alay  
it up with fl<sup>o</sup> of Rys. and col<sup>o</sup> it with sañdres. salt  
it. & messe it forth.

Sawfe Sarzyne<sup>e</sup>.xx.  
IIII. IIII.

Take hepp<sup>o</sup> and make hem clene. take Almānd<sup>o</sup>  
blānched. frye hem ī oile and bray hem in a mort<sup>o</sup>  
with hepp<sup>o</sup>. drawe it up with rede wyne, and do þin  
sug<sup>o</sup> ynowh<sup>z</sup> with Powd<sup>o</sup> fort. lat it be stondyng, and  
alay it with fl<sup>o</sup> of Rys. and col<sup>o</sup> it with alkenet and  
messe it forth. and florish it with Pōme garnet. If þ<sup>o</sup>  
wilt in fleshe day: seeþ Capōns and take the brawn<sup>o</sup>  
and tefe hem smal and do þto. and make the lico<sup>f</sup> of  
þis broth.

Creme of Almānd<sup>o</sup>.xx.  
IIII. v.

Take Almānd<sup>o</sup> blānched, grynde hem and drawe  
hem up thykke, fet hem oūe the fyre & boile hem.  
fet hem adoū and spryng<sup>s</sup> hem with Vyneḡ, cast hem  
abrode uppon a cloth and cast uppon hem sug<sup>o</sup>. whan  
it is colde gadre it togydre and leshe it in dyfsh.

<sup>e</sup> Sawfe Sarzyne. *Saufe*. Contents. *Saracen*, we presume, from  
the nation or people. There is a Recipe in Mf. Ed. N<sup>o</sup> 54 for a  
Bruet of *Sarcynesse*, but there are no pomgranates concerned.

<sup>f</sup> lico. liquor.

<sup>s</sup> spryng. sprinkle.