

Connyng⁹ in Cyrip^f. xx.
III. IIII.

Take Cōnyng⁹ and seeþ hem wel ī good broth. take wyne greke and do þto with a porcion of vyneḡ and flo of canel, hoole clow⁹ quybibes hoole, and oop⁹ gode spices with raisōns coraunce and gyngyñ ypared and ymynced. take up the conyng and smyte hem on pecys and cast hem into the Siryppe and seeþ hem a litel on the fyr and sūc it forth.

Leche Lumbard^z. xx.
III. v.

Take rawe Pork and pulle of the skyn. and pyke out þ skyn synew⁹ and bray the Pork in a mort w ayreñ rawe do þto sug⁹, salt, raysons corānce, dat⁹ mynced, and powdō of Pep powdō gylofre. ā do it ī a bladder, and lat it seeþ til it be ynowh^z. and whan it is ynowh, kerf it leshe it^h in likenesse of a peskoddeⁱ, and take grete raysons and grynde hem in a mort, drawe hem up wiþ rede wyne, do þto mylke of almānd⁹ colō it with sānders ā safrōn, and do þto powdō of pep ā of

^f Cyrip. In the pꝛocess *Siryppe. Cirypp.* Contents. *Sirap, or Sirup*, as 135: *Syrp*, 132.

^z Leche Lumbard. So called from the country. Randle Home says, *Leach* is "a kind of jelly made of cream, ising-glass, sugar and almonds, with other compounds."

^h Leshe it. Vide Gloss.

ⁱ Peskodde. Huil or pod of a pea.

gilofre