

Safroñ and Salt and messe it forth with powd^o douce.
In the wise^s make of Pasturnak^t and skyrwat^u.

Eowt⁹ of Fleish. VI.

Take Borage. cool^v. langdebef^z. p^hfel^a. bet⁹. orage^b.
auance^c. violet^d. fa^uway^e. and fenkel^f. and whane
p^hey both fode. presse hem wel smale. cast hem in gode
broth a⁹ seep hē. and sūe hem forth.

Hebolace^g. VII.

Take Oynōns and erbes and hewe hem small and
do p⁹ to gode broth. and aray^h it as p⁹ didest caboch⁹.

^s in the wise, *i. e.* in the same manner. *Self* or *same*, seems to be
casually omitted. Vide N^o 11 and 122.

^t Pasturnakes, for parsnips or carrots. V. Gloss.

^u skyrwates, for skirrits or skirwicks.

⁹ Eowtes. *Lwites*, N^o 88, where, in the process, it is *Rowtes*.
Quære the meaning, as *Roots* does not apply to the matter of the
Recipe. In N^o 73 it is written *owtes*. ^v Cole, or colewort.

^z Langdebef. Buglofs, buglossum fylvestre. These names all
arise from a similitude to an ox's tongue. V. Ms. Ed. N^o 43.

^a P^hfel. Parsley.

^b orage. Orach, *Atriplex*. Miller, Gard. Dict.

^c auance. Fortè Avens. V. Avens, in Gloss.

^d The leaves probably, and not the flower.

^e Savory. ^f Fenkel. Fennil.

^g Hebolace. Contents, Hebolas; for *Herbolas*, from the herbs
used; or, if the first letter be omitted (see the Contents), *Che-*
bolas, from the Chibols employed.

^h aray. Drefs, set it out.

If