



## OF THE PRAISE, Vertue, and Efficacie of the P S A L M E S.



He Kingly Prophet David, Psal. 47. 6. sayth; O sing praises, sing praises vnto our God, O sing praises, sing praises vnto our King: Sing praises vvith vnderstanding. Againe, Psal. 95. 2. Let vs shew our selues glad in him with Psalmes. And good reason haue we to sing chearefully vnto God, for the Angels ioyne their presence and congratulation with the singers deuotion, as the same Psalmist singeth, Psal. 138. *In conspectu angelorum psallam tibi*; Euen before the Gods will I sing praise vnto thee: Wherefore we ought diligently to take heed, that by our idlenesse, negligence, and want of practise, wee cause not the *Angels* to depart from vs. And indeed there is no mortall man which can expresse in words, or conceiue in thought, the vertues of the Psalmes, and the praises of the Lord, if with a pure and serious attention of the heart they shall be performed as they ought to be.

In the Psalmes, are described the rewards of good, the punishments of euil men, the rudiments of beginners, the progresse of proficients, and consummation of perfect men.

The singing of Psalmes (as say the Doctors) comforteth the sorrowfull, pacieth the angry, strengtheneth the weakc, humbleth the proud, gladdeth the humble, stirres vp the slow, reconcileth enemies, lifteth vp the heart to heauenly things, and vniteth the Creature to his Creator, for whatsoeuer is in the Psalmes, conduceth to the edification, benefit, and consolation of mankinde.

Wouldst thou make a confession, and repent thee of thy sinnes? Then sing with remorse and humility the seauen penitentiall Psalms