

grynd peper safroñ bred and ale and temper it wyth Broth do the Oystryn ther'ynne and boyle it and falt it and serve it forth.

XV. For to make Elys in Bruet.

They schul be flayn and ket in gobett' and sodyn and grynd peper and safroñ other myntys and perfele and bred and ale and temper it wyth the broth and boyle it and serve it forth.

XVI. For to make a Lopifter.

He schal be rosted in his scalys in a ovyn other by the Feer under a panne and etyn wyth Veneger.

XVII. For to make Porreyne.

Tak Prunys fayrist wasch hem wel and clene and frot hem wel in syve for the Jus be wel ywronge and do it in a pot and do ther'to wyt gres and a party of sugur other hony and mak hem to boyle togeder' and mak yt thykke with flowr of rys other of wastel bred and wan it is sodyn dresse it into dischis and strew ther'on powder and serve it forth.

XVIII. For to make Chireseye.

Tak Chiryas at the Fest of Seynt John the Baptist and do away the stonys grynd hem in a mortar and after frot hem wel in a seve so that the Jus be wel comyn owt and do than in a pot and do ther'in feyr
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